

ACCOMMODATION

In every village you will be able to find pleasant hotels, but in such beautiful and characteristic area where to sleep if not in a typical accommodation?

You can be hosted in a bed and breakfast; keep in contact with locals and live as they do during your stay, and learn how Friulian people live.

Another typical type of accommodation are the "alberghi diffusi": scattered hotels in Sauris and Sutrio. The rooms are scattered all around the village and are local houses, so you have the opportunity to see from the inside how locals live and become one of them during your stay.

TRANSPORT

Arrival: Ronchi dei Legionari (Gorizia) or Marco Polo (Venice) airport.

You can reach Carnia and Alto Friuli with bus. All the small villages of this area are well connected one to another by busses.

By car, this area is one hour from Udine and one hour from the Austrian border.



LIVE YOUR ADVENTURE

in Carnia and Alto Friuli



WE ARE WAITING FOR YOU!!

For further information:
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Would you like to experience a wonderful, amazing, authentic, unknown part of Italy where traditions still influence today the lifestyle of local people?

Would you like to experience extreme sports in unspoiled nature, climbing the Carnic Alps and navigating the rivers?

In this brochure you will find all the necessary information and suggestions.



A LITTLE BIT OF HISTORY

- In ancient times the passes of the Alps had been crossed by many populations such as the Romans, the Visigothic, ... leaving trails in the whole region.
- Venetians used the Carnic wood for building the foundations of their city.
- With the First World War part of this territory was under Austrian control.
- During the Second World War the Cossacks invaded the area.

TRADITIONS

This area is full of traditions. In WINTER the most popular are the “Krampus” in Tarvisio and Pontebba, the “Pignarùl” in Resia and the “carnevale sauriano” one of the oldest carnivals in the Alps. In SUMMER, you can go to any village and you will find a “sagra”: local celebrations in which you can taste local food, hear typical music and dance.



LANGUAGES

Locals speak different dialects originated from the influence of various cultures: Latin, German and Slavic. The most spoken is Friulano which changes from place to place; other dialects are Resiano in Resia (just few people speak it) and Saurano in Sauris.

SPORTS AND ACTIVITIES

What's the best place to practise sports if not Carnia and Alto Friuli?

In WINTER you can have fun skiing and snowboarding in the ski runs of Sella Nevea and Zoncolan, and for all the lovers of ice-skating Pontebba's ice rink is the best place.



In SUMMER you can go trekking in the paths signposted by CAI along the whole Alpine range and in some paths you can visit the ruins of the First World War's trenches.



If you are lucky you might meet wild animals such as ibex, groundhog and roebuck.

You can't miss canyoning and rafting down steep natural slides and waterfalls.



For the brave we suggest rock climbing in the Dolomites, the Carnic and Julian Alps and Prealps immersed in the absolute peace and quiet of nature.



LOCAL CUISINE

Don't miss tasting the genuine and natural food, strictly connected with local products and seasons. The most typical dishes are frico (potatoes and cheese) and polenta, cjarsons (ravioli with spices and herbs), “esse di Raveo” biscuits backed in Raveo, “pan di sartuc” biscuits made with corn flour and raisin.



To truly appreciate these (and other) typical dishes you can have a rest, while you are walking in the mountains, in the “malghe” (farms where you can sleep and taste the locally produced dairy products). Don't forget to taste the Sauris ham and the Enemonzo cheese!

SHOPS AND LEASURE TIME

After walking and doing sports you can have a rest and relax in the spa of Arta Terme or go to the cinema in Pontebba.

In the ice rink in Pontebba, if you don't want to go ice-skating you can watch the match of the Aquile: the ice hockey team.



If you want to go shopping, we suggest the open air market of Tarvisio, where you can find the typical products of Friuli and Austria.

